Christ Church CofE **Primary School**





Friday 17th November 2023



It's fascinating to learn that children get to play 600 times annually, equating to about 20% of their school day or 1.4 years of primary education. This is truly remarkable! Moreover, there are diverse forms of play, and through our collaboration with OPAL (Outdoor Play and Learning), we ensure comprehensive planning for each type of play.



Please can you make sure that children have appropriate outdoor wear (coats/wellies/hats/scarves) as they will be out in all weathers and it is getting cold.

We will be opening our wheeled area on Monday Each class will have 1 day per week where they are able to use the bikes and scooters.

KEY DATES

PHONICS COFFEE MORNING FOR KS1 AND NURSERY PARENTS- THURSDAY 23RD NOVEMBER **Christmas Productions**

Nursery/Reception - Thursday 14th December am and pm

Year 1 & 2 - Tuesday 12th December am and pm Year 3 & 4 - Wednesday 13th December am and

Year 5 & 6 - Friday 15th December am and pm

Christmas Parties

Nursery/Reception - Thursday 21st pm Year 1 & 2 - Wednesday 20th December pm Year 3 & 4 - Monday 18th December pm Year 5 & 6 - Tuesday 19th December pm

Christmas Panto in school 6th December Christingle service at church- all parents welcome Thursday 7th December at 9.15am Saturday 10th December-10am Choir opening the Christmas Market in Northumberland Square.

Christmas lunch 14th December Carol Service in Church Thursday 21st December- all parents welcome Winning House Treat Friday 22nd December am Whole School Talent Show Friday 22nd December pm



Cycle helmet

Compulsory cycle helmets are likely to damage children's health more than they increase safety. Children's use of bicycles is completely different to that of adults. Adults go from home to work or other activity and then return. They put their helmet on at the beginning of the journey and take it off at the end.

When children play out, they make lots of very short journeys, often less than 50 metres. They may have a bicycle but will get on and off it lots of times during an hour or two of play.

If helmets were to be made compulsory then parents would either have to constantly nag their children to keep them on, or in reality find it easier to stop their children playing on bikes. So, children's healthy outdoor activity and freedom to play will be even more restricted than at present.

Children often leave items of clothing behind. A helmet being taken on and off would be particularly vulnerable to getting lost or just left behind, and so the parent would have the regular expense of buying new ones (or stopping their child cycling to avoid that expense).

There is an additional hazard that would be created. Cycling is part of a healthy lifestyle and if children If children cycle to a play area (swings, climbing learn to ride a bike at an early age there is at least frames, etc) and keep their helmets on then they some chance that they will use it for journeys in would be more vulnerable to head entrapment preference to a car as they grow up. If someone leading to strangulation. Equipment is designed to does not learn to ride a bike when they are a avoid trapping normal size heads. If they slipped child, they find it much more difficult to learn as through a gap in the equipment the danger would an adult and are therefore much less likely to use be that the helmet would prevent them going it as part of a healthy lifestyle. through completely. Playground equipment is designed so that if there is a gap children will fall through completely. A broken bone is a lot less serious than a broken neck or strangulation.

For the same reason there would also be an increased risk from climbing trees.

Why stop at cycling?

Children play with scooters, skates, skateboards etc. Is their play to be further restricted on these? The risks are similar. We need to address the domination of the car rather than restrict children (see publications on the OPAL website, https://outdoorplayandlearning.org.uk).

Where the risks to a healthy lifestyle are greater than the risks from "safety" measures then health should

take priority – particularly when the increased safety is marginal at best.

This document was created with advice from Rob Wheway, Director at the Children's Play Advisory Service (www.childrensplayadvisoryservice.org.uk). Rob has carried out observational research of children's play at over 70 areas of housing. He carries out safety inspections of hundreds of playgrounds each year.

If you would like your child to wear a helmet please complete the google form

https://forms.gle/jiEwSh6Bej2uWtvL9

Year 5 Sculpture

For our sculpture study in art this term, we looked at the work of four famous British sculptors-Antony Gormley, Anish Kapoor, Ray Lonsdale and Andy Goldsworthy. We took photos of ourselves recreating our favourite sculptures, before going on to select our favourite works by one of the artists to recreate.

Using wire, paper, foil and modelling clay, we then created a maquette of our favourite sculpture before evaluating (and at times changing our chosen sculpture), before completing our final piece of art.



















Year 3 Food Technology









For our unit in DT this term, we are looking at healthy and unhealthy foods. This week the children enjoyed creating their own fruit smoothies and a yummy healthy snack-Tomato Bruschetta. They demonstrated some excellent skills with their chopping, food hygiene and following recipes. Although all of the ingredients were not to everyone's taste, we all had fun

















The ease INTO programme is BACK this Christmas!

From football to cooking, there are plenty of activities on offer for children in North Tyneside!

Scan the QR code to learn more, to see what's going on in your area, and to register and book!

The first 400 children booked onto a holiday camp will receive a fruit and veg voucher*



*Offer available to those booking a space on activity camps running over multiple days (does not apply to one-off activity bookings).





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