**PSHE Summer Term 2 Overview**

This half term every class in school will be learning about Growing and Changing. This will be completed in an age appropriate way during a PSHE lesson. This is an overview to let you know the focus of each session. Please feel free to talk to your child’s class teacher if you would like any further information.

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| **Year group** | **Lesson content** |
| **Nursery** | Growing and changing in nature  When I was a baby (changes over time, what a baby needs)  Girls, boys and families (similarities and differences, do girls and boys have the same bodies? Discussion about all types of families) |
| **Reception** | Seasons  Life stages – plants, animals, humans  Life stages: Human life stage – who will I be?  Where do babies come from?  Getting bigger  Me and my body – girls and boys (similarities and differences) |
| **Year 1** | Inside my wonderful body (name major internal body parts)  Taking care of a baby  Then and now (What they can do now and what’s different or the same from when they were smaller)  Who can help? (discussion about bullying)  Surprises and secrets  Keeping privates private |
| **Year 2** | A helping hand (giving positive feedback)  Sam moves away (recognise a range of emotions focusing on loss)  Haven’t you grown! (identify stages of growth)  My body, your body (naming body parts including private parts)  Respecting privacy (explaining the word privacy)  Basic First Aid |
| **Year 3** | Relationship Tree (different types of relationships, recognising healthy relationships)  Body space (discussing personal space and strategies for when someone is inappropriately in their space, NSPCC Underwear rule)  My body, your body (naming body parts including private parts)  Secret or surprise? (safe and unsafe secrets)  Basic first aid |
| **Year 4** | Class letter |
| **Year 5** | Class letter |
| **Year 6** | Class letter |