

**CHRIST CHURCH-PHYSICAL EDUCATION CURRICULUM OUTLINE**

**With support from LCP Schemes of work & John Spence PE Primary Liaison**

 **Autumn Term Spring Term Summer Term**

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| **Early Years** | **Dance** |
| **Year 1** | **Multi Skills** |
| **Year 2** | **Multi Skills** |
| **Year 3** | **Invasion Games** (Hockey)  **Skipping** |
| **Year 4** | **Invasion Games** (Hockey) **HRF**  |
| **Year 5** | **Swimming** **Invasion Games** (Hockey) |
| **Year 6** |  **Invasion Games** (Hockey)  **Basketball** |

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| **Early Years** | **Multi skills** |
| **Year 1** | **Dance** |
| **Year 2** | **Dance** |
| **Year 3** | **Quadkids Athletics** **Net/Wall (Tennis)** |
| **Year 4** | **Quadkids Athletics** **Net/Wall (Tennis)** |
| **Year 5** | **Striking/Fielding** (Cricket)**Athletics** –(Track /field) |
| **Year 6** | **Athletics** –(Track /field)**Swimming** |

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| **Early Years** | **Fundamentals** |
| **Year 1** | **HRF/Fundamentals** |
| **Year 2** | **HRF/Fundamentals** |
| **Year 3** | **Invasion Games** (Tag Rugby)  **HRF**  |
| **Year 4** | **Gymnastics**  **Swimming** |
| **Year 5** | **Athletics-Sports Hall Invasion Games** (Netball) |
| **Year 6** | **Athletics-Sports Hall Invasion Games** (Netball) |

 **2nd Half 2nd Half 2nd Half**

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| **Early Years** | **Gymnastics (Apparatus)**  |
| **Year 1** | **Gymnastics** |
| **Year 2** | **Gymnastics** |
| **Year 3** | **Dance**  **Gymnastics** |
| **Year 4** | **Dance** **Swimming** |
| **Year 5** | **Dance**  **Gymnastics**  |
| **Year 6** | **Dance**  **Gymnastics**  |

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| **Early Years** | **Games** |
| **Year 1** | **Athletics** |
| **Year 2** | **Athletics** |
| **Year 3** | **Striking/Fielding**(Kwik Cricket)**OAA**  |
| **Year 4** | **Striking/Fielding**(Kwik Cricket)**OAA** |
| **Year 5** | **Striking/Fielding** (Rounders) **OAA** |
| **Year 6** | **OAA****Swimming**  |

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| **Early Years** | **Gymnastics (Apparatus)** |
| **Year 1** | **Games** |
| **Year 2** | **Games** |
| **Year 3** | **Invasion Games**-(Dodgeball) Football |
| **Year 4** | **Invasion Games** (Tag Rugby) **Net/Wall**-(Badminton**)**  |
| **Year 5** | **Swimming** **Net/Wall** (Badminton) |
| **Year 6** | **Striking/Fielding** (Cricket) **Net/Wall** (Badminton) |

OAA = Outdoor and Adventurous HRF = Health Related Fitness Fundamentals=Movement, agiltity, balance,coordination