

**CHRIST CHURCH-PHYSICAL EDUCATION CURRICULUM OUTLINE**

**With support from LCP Schemes of work & John Spence PE Primary Liaison**

**Autumn Term Spring Term Summer Term**

|  |  |
| --- | --- |
| **Early Years** | **Dance** |
| **Year 1** | **Multi Skills** |
| **Year 2** | **Multi Skills** |
| **Year 3** | **Invasion Games** (Hockey)  **Skipping** |
| **Year 4** | **Invasion Games** (Hockey)  **HRF** |
| **Year 5** | **Swimming**  **Invasion Games** (Hockey) |
| **Year 6** | **Invasion Games** (Hockey)  **Basketball** |

|  |  |
| --- | --- |
| **Early Years** | **Multi skills** |
| **Year 1** | **Dance** |
| **Year 2** | **Dance** |
| **Year 3** | **Quadkids Athletics**  **Net/Wall (Tennis)** |
| **Year 4** | **Quadkids Athletics**  **Net/Wall (Tennis)** |
| **Year 5** | **Striking/Fielding** (Cricket)  **Athletics** –(Track /field) |
| **Year 6** | **Athletics** –(Track /field)  **Swimming** |

|  |  |
| --- | --- |
| **Early Years** | **Fundamentals** |
| **Year 1** | **HRF/Fundamentals** |
| **Year 2** | **HRF/Fundamentals** |
| **Year 3** | **Invasion Games** (Tag Rugby)  **HRF** |
| **Year 4** | **Gymnastics**  **Swimming** |
| **Year 5** | **Athletics-Sports Hall Invasion Games** (Netball) |
| **Year 6** | **Athletics-Sports Hall Invasion Games** (Netball) |

**2nd Half 2nd Half 2nd Half**

|  |  |
| --- | --- |
| **Early Years** | **Gymnastics (Apparatus)** |
| **Year 1** | **Gymnastics** |
| **Year 2** | **Gymnastics** |
| **Year 3** | **Dance**  **Gymnastics** |
| **Year 4** | **Dance**  **Swimming** |
| **Year 5** | **Dance**  **Gymnastics** |
| **Year 6** | **Dance**  **Gymnastics** |

|  |  |
| --- | --- |
| **Early Years** | **Games** |
| **Year 1** | **Athletics** |
| **Year 2** | **Athletics** |
| **Year 3** | **Striking/Fielding**(Kwik Cricket)  **OAA** |
| **Year 4** | **Striking/Fielding**(Kwik Cricket)  **OAA** |
| **Year 5** | **Striking/Fielding** (Rounders)  **OAA** |
| **Year 6** | **OAA**  **Swimming** |

|  |  |
| --- | --- |
| **Early Years** | **Gymnastics (Apparatus)** |
| **Year 1** | **Games** |
| **Year 2** | **Games** |
| **Year 3** | **Invasion Games**-(Dodgeball) Football |
| **Year 4** | **Invasion Games** (Tag Rugby)  **Net/Wall**-(Badminton**)** |
| **Year 5** | **Swimming**  **Net/Wall** (Badminton) |
| **Year 6** | **Striking/Fielding** (Cricket) **Net/Wall** (Badminton) |

OAA = Outdoor and Adventurous HRF = Health Related Fitness Fundamentals=Movement, agiltity, balance,coordination